

**LANGSTON UNIVERSITY**  
**SCHOOL OF NURSING AND HEALTH PROFESSIONS**  
**Plan of Study – Public Health Program**  
**Concentration: *Nutrition & Wellness***

Courses in “**BOLD**” denote courses that meet General Education requirements

**Freshman Year**

1 <sup>st</sup> Semester				2 <sup>nd</sup> Semester		
EG1113	<b>English Comp I</b>	3		EG1213	<b>English Comp II</b>	3
MT1513	<b>College Algebra</b>	3		PS1113	<b>US Government</b>	3
CS1103	<b>Intro to Info Processing</b>	3		NP1113	<b>Physical Science</b>	3
PY 1111	<b>Personal and Social Dev</b>	1		PY1113	<b>Intro to Psychology</b>	3
NB1114	<b>Natural Science (Biological)</b>	4		FCS 2123	<b>Intro to Nutrition</b>	3
HT1483	<b>US History</b>	3				
	<b>TOTAL</b>	<b>17</b>			<b>TOTAL</b>	<b>15</b>

**Sophomore Year**

1 <sup>st</sup> Semester				2 <sup>nd</sup> Semester		
<b>EG 2053</b>	<b>Technical Writing</b>	3		<b>EG2053</b>	<b>Intro to Speech</b>	3
<b>MT 2013</b>	<b>Elementary Statistics</b>	3			<b>General Education Elective or Public Health Elective</b>	3
	<b>General Education Elective or Public Health Elective</b>	3		<b>HU 2103</b>	<b>Survey of Western Humanities</b>	3
PUH2313	Intro to Global Health	3		PUH 2433	Health Literacy	3
PUH 2413	Health & Environment	3		PUH 2403	Food Sanitation & Safety	3
	<b>TOTAL</b>	<b>15</b>			<b>TOTAL</b>	<b>15</b>

**Junior Year**

1 <sup>st</sup> Semester				2 <sup>nd</sup> Semester		
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<b>MG3763</b>	<b>Principles of Marketing</b>	3		PUH 3413	Introduction to Biostatistics	3
PUH3303	Essentials of Epidemiology	3		PUH 3373	Health Disparities & Inequality	3
PUH3323	Conceptual Foundations of Professional Practice	3		PUH 3233	Organization & Administration of Health Services	3
PUH3333	Community Health	3		PUH3383	Computer Applications for Public Health (or other Public Health Elective)	3
PUH 3343	Principles of Health Education & Health Promotion	3		PUH 3423	Program Planning & Evaluation	3
				PUH 3003	Nutrition in the Lifespan	3
	<b>TOTAL</b>	<b>15</b>			<b>TOTAL</b>	<b>18</b>

#### Senior Year

1 <sup>st</sup> Semester				2 <sup>nd</sup> Semester		
PUH4333	Issues in Minority Health	3		PUH 4413	Public Health Practice/Fieldwork	3
PUH 4313	Public Health Law & Ethics	3		PUH 4312	Public Health Leadership Seminar	2
PUH 3453	Community Nutrition	3		PH 4454	Medical Nutrition Therapy: Chronic Disease Management	4
PUH 3363	Nutrition, Fitness, Wellness	3		FCS 4012	Nutrition Counseling & Education or Nutritional Assessment	2
FCS 3343	Cultural Food Patterns for Health & Wellness	3		PUH 4433	Fundamentals in Public Health Policy	3
	<b>TOTAL</b>	<b>15</b>			<b>TOTAL</b>	<b>14</b>