

**VOULUNTARY ASSUMPTION OF RISK AND INFORMED CONSENT - Adult
(READ CAREFULLY BEFORE SIGNING)**

Many recreational activities and athletic programs involve substantial risks of bodily injury, property damage, and other dangers associated with participation in such activities. **Dangers related to such activities include but not limited to:** hypothermia, broken bones, strains, bruises, drowning, concussion, heart attacks, heat exhaustion, injuries associated with travel, negligence and death.

Each participant in such activities should realize that **there are risks, hazards, and dangers inherent in such activities** and in the training, preparation for, and travel to and from such activities. It is the sole responsibility of each participant to participate only in those activities for which he/she has the prerequisite skills, qualifications, preparations, and training.

The undersigned acknowledges that Langston University does not warrant or guarantee any respect to competency, mental or physical condition of any trip leader, vehicle driver, or individual participant in any athletic or recreational activity. The undersigned further acknowledges that Langston University makes no warranty as to the condition, safety, or suitability of any equipment, property or premises for any purposes. **All participants in voluntary recreational activities and athletic programs will be required to sign the attached Release, Waiver of Liability, and Covenant Not to Sue Form.**

I acknowledge that I am solely responsible for any hospital or other costs arising out of any bodily injury or property damage sustained through my participation in such voluntary athletic or recreational activities. In this regard, I certify that I am covered by a 24-hour health and accident insurance policy.

I have received a copy of this Notice, which I have read and understand. I accept and assume all risks, hazards, and dangers involved in such activities in which I may elect to participate, including the training, preparation for, and travel to and from the site of such activities.

**RELEASE, WAIVER OF LIABILITY AND COVENANT NOT TO SUE
(READ CAREFULLY BEFORE SIGNING)**

The undersigned hereby acknowledges that participation in athletic programs and recreational activities involves an inherent risk of physical injury and assumes all such risks. The undersigned hereby agrees that for the sole consideration of Langston University allowing the undersigned to participate in voluntary recreational programs or athletic activities and in connection therewith, making available to the undersigned for his/her use while participating in such programs or activities, certain equipment, facilities, grounds, or personnel of the Institution, the undersigned participant does hereby waive liability, release and forever discharge the Institution and The Board of Regents for the Oklahoma Agricultural and Mechanical Colleges, their members individually, and their officers, agents, and employees, and the State of Oklahoma and it's agents, of and from any and all claims, demands, rights, and causes of action of whatever kind or nature, arising out of all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, including death, resulting from voluntary participation in or in any way connected with such recreational programs and athletic activities, including without limitation travel.

I further covenant and agree that for the consideration stated above I will not sue the Institution, The Board of Regents for the Oklahoma Agricultural and Mechanical Colleges, their members individually, their officers, agents, or employees, or the State of Oklahoma and it's agents, for negligence or any claim for damages arising or growing out of my voluntary participation in recreational programs or athletic activities at Langston University.

I understand that the acceptance of this release, waiver of liability, and covenant not to sue the Institution or The Board of Regents for the Oklahoma Agricultural and Mechanical Colleges, or any agent of employee thereof, or the State of Oklahoma and it's agents, shall not constitute a waiver, in whole or in part, of sovereign official immunity by said Board, its members, officers, agents, and employees.

Further, I understand that this release, waiver of liability, and covenant not to sue shall be effective during the entire period of my enrollment or employment at the Institution.

I have received a copy of this document, and I certify that I am _____ years of age and suffering under no legal disabilities and that I have read the above carefully before signing.

Event: _____

Date: _____

Print Name: _____

Student ID (if applicable) #: _____

Signature: _____

Signed in the presence of: _____